

POMFRET COMMUNITY SCHOOL
COVID-19 PROTOCOLS

Please review the current protocols in place to support our school community.

AT HOME SELF ASSESSMENT FOR COVID 19 SYMPTOMS:

The Pomfret Community School staff is committed to upholding the highest standards for health and safety during this time of the COVID-19 pandemic. Both parents/guardians of students and PCS Staff **MUST PERFORM AN ASSESSMENT PRIOR TO LEAVING FOR SCHOOL EACH DAY**. If any symptoms are present, it is required that the student(s) or staff member remain home and notify the Pomfret Community School Nurse – Ms. Lupien at 860-928-2718 with any of the following checked symptoms.

The Centers for Disease Control (CDC) and Connecticut Department of Health (CT DPH) have identified the following **HIGH RISK** SYMPTOMS for COVID-19:

- Fever > 100.ƒahrenheit
- Chills
- Persistent **NEW** Cough
- Shortness of Breath
- Difficulty Breathing
- Loss of Taste or Smell

IMPORTANT: Any Student or Staff that have had known exposure to people with COVID-19, which includes household members or close contacts and defined as within 6 feet for more than 15 minutes, **MUST** stay home to quarantine for 14 days post exposure.

FACE COVERINGS:

All Students and Staff are *REQUIRED* to wear a cloth face covering/mask while they are inside the building or riding the school bus.

- It is the expectation that all Students and Staff will bring and wear their own face covering from home.
- Masks will be provided, if needed, on the bus and at school.
- Anyone who has a medical reason making it difficult or unsafe to wear a face covering/mask **must provide the school with an MD note stating as such.**
- Taking a mask “break” (removing the mask for a brief period of time) will be scheduled during the day when this may be done safely outdoors.
- Masks with exhalation valves are not recommended for school.

TRANSPORTATION/PARENT DROP OFF AND PICK UP:

- All students are required to wear a cloth face covering while riding the bus.
- Buses will be loaded back to front and unloaded front to back one at a time when they arrive at PCS.
- Family members will be seated together.
- Students may only ride on their assigned bus.
- Parent drop off will begin at 8:20 AM and is staggered by last name.
8:20 AM A-E
8:25 AM F-I
8:30 AM J-N
8:35 AM O-S
8:40 AM T-Z
- Parent pick up will begin at 3:00 and is staggered by last name.
3:00 PM A-E
3:05 PM F-I
3:10 PM J-N
3:15 PM O-S
3:20 PM T-Z

PHYSICAL DISTANCING:

Maintaining a physical distance aids in the prevention of COVID-19 as the virus is spread by infected persons who cough, sneeze, or talk.

- Students will stay 6 feet apart whenever possible for both indoor and outdoor spaces.
- This includes, but is not limited to; passing in the hallway, classrooms, cafe, during physical activity indoors or outdoors.

HANDWASHING STEPS:

- Wet hands with clean running water.
- Lather hands, between fingers, under nails.
- Scrub hands at least 20 seconds (sing Happy Birthday twice!)
- Rinse hands under clean running water.
- Dry hands using a clean paper towel.

HAND SANITIZER STEPS:

- If soap and water are not available, hand sanitizer is readily available within the school building.
- Rub sanitizing gel/foam over the entire hands (as stated above) for 20 seconds and until dry.

COUGH ETIQUETTE:

- Cover your mouth and nose when **coughing or sneezing**.
- Cough/sneeze into your elbow region and with face covering over nose and mouth.
- Use tissues and throw them away.
- Wash your hands or use a hand sanitizer every time you touch your mouth or nose.

CLEANING/DISINFECTION OF SURFACES:

- We will adhere to strict cleaning and disinfecting of the nurse's office, bathrooms, isolation room, and other areas throughout the day.
- The boy's locker room has been established as an Isolation Room. This room will only be used for students or staff members exhibiting symptoms of COVID-19 during the school day.

RECESS AND LUNCH

- Students in grades K-4 will eat breakfast and lunch in the gym spaced 6 feet apart.
- Students in grades 5-8 will eat lunch in the cafeteria spaced 6 feet apart.
- There is an hour in between lunch waves to allow for cleaning and disinfection.

MASK/SNACK BREAKS

- Students will be permitted to remove masks during recess and lunch.
- There will also be a morning and afternoon mask break that students may also use as a snack break.

REPORTING POTENTIAL COVID-19 ILLNESS

IF ANY PERSON WHO HAS BEEN PRESENT IN SCHOOL AND HAS A CONFIRMED DIAGNOSIS OF COVID-19, THE LOCAL HEALTH DEPARTMENT MUST BE NOTIFIED IMMEDIATELY.

CONTAINMENT PLAN

The purpose of a Containment Plan is to decrease the risks of spreading COVID-19.

If any Student or Staff within the school building develops *suspected* COVID-19 related symptoms, they will be assessed by Mrs. Lupien, with appropriate PPE (personal protective equipment) in the hallway. Symptoms may include but are not limited to:

- Fever (>100)
 - Chills
 - Uncontrolled new cough
 - Shortness of Breath
 - Difficulty breathing
 - Loss of Taste or Smell
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- If Mrs. Lupien's assessment determines that symptoms are consistent and potentially resemble a COVID-19 infection, the Student or Staff member will be placed in the designated Isolation Room.
 - The isolated individual will be closely monitored, by staff with appropriate PPE (personal protective equipment), until an immediate dismissal is arranged.
 - **It is the expectation that parents/guardians will make immediate arrangements to pick-up their child and follow-up with a Health Care Provider.**
 - Parents should not come into the building to retrieve their student, but call or buzz the main office for directions.
 - Depending on the nursing assessment of physical or life-threatening symptoms, it may warrant activation of EMS/911, to transport the student to the nearest medical facility.

<u>Event</u>	<u>Location of Event</u>	<u>Testing Results</u>	<u>Isolation/Quarantine</u> Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed, but you are not experiencing symptoms
Individuals has COVID-19 symptoms, but has NOT had close contact with a person diagnosed with COVID-19.	If at home: stay home, notify the school immediately (do not wait until the beginning of the next school day), and get tested.	Individual tests negative.	Return to school once there are no symptoms for 24 hours.
	If at school: students should remain masked, adhere to strict physical distancing, be assessed by the school nurse, stay in the isolation room with adult supervision until picked up to go home, consult a healthcare provider and get tested. If symptoms arise on the bus , the student should remain masked and follow the procedure listed above. If at school: staff members should remain masked, adhere to strict physical distancing, immediately contact an administrator, go home, contact a healthcare provider and get tested.	Individual tests positive.	Remain home(except to get medical care) monitor symptoms, notify the school immediately, notify personal close contacts, and answer calls from public health officials/contact tracing staff. Stay in self-isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed without fever(without fever-reducing medications) and with improvement in other COVID-19 symptoms
	If students or staff are ill enough to require transport to a healthcare facility, EMS will be notified that COVID-19 is a concern	Individual is not tested.	Stay in self isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed (without fever-reducing medications) and with improvement in other COVID-19 symptoms Can return to school earlier if obtains a note from a healthcare provider with

			alternate diagnosis.
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<u>Event</u>	<u>Location of Event</u>	<u>Testing Results</u>	<u>Isolation/Quarantine</u> Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed, but you are not experiencing symptoms
Individual has COVID-19 symptoms, AND had close contact with a person diagnosed with COVID-19.	<p>If at home: stay home, notify the school immediately (do not wait until the beginning of the next school day), and get tested.</p> <p>If at school: students should remain masked, adhere to strict physical distancing, be assessed by the school nurse, stay in the isolation room with adult supervision until picked up to go home, consult a healthcare provider and get tested. If symptoms arise on the bus, the student should remain masked and follow the procedure listed above.</p> <p>If at school: staff members should remain masked, adhere to strict physical distancing, immediately contact an administrator, go home, contact a healthcare provider and get tested.</p> <p>If students or staff are ill enough to require transport to a healthcare facility, EMS will be notified that COVID-19 is a concern</p>	Individual tests negative.	Stay in self isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed (without fever-reducing medications) and with improvement in other COVID-19 symptoms
		Individual tests positive.	Remain home(except to get medical care) monitor symptoms, notify the school immediately, notify personal close contacts, and answer calls from public health officials/contact tracing staff. Stay in self-isolations for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever(without fever-reducing medications) and with improvement in other COVID-19 symptoms
		Individual is not tested.	Stay in self isolation for at least 10 days since the onset of symptoms and until at least 24 hours have passed with no fever(without fever-reducing medications) and with

			improvement in other COVID-19 symptoms
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Event	Location of Event	Testing Results	Isolation/Quarantine Isolation = when you are experiencing symptoms or have a confirmed diagnosis of COVID-19 Quarantine = when you have been exposed, but you are not experiencing symptoms
Individual does not have COVID-19 symptoms, BUT had close contact to someone diagnosed with COVID-19.	If at home: stay home, notify the school immediately (do not wait until the beginning of the next school day), and get tested.	Individual tests negative.	Remain home in self-quarantine for 14 days from last exposure to the person diagnosed with COVID-19
	If at school: students should remain masked, adhere to strict physical distancing, be assessed by the school nurse, stay in the isolation room with adult supervision until picked up to go home, consult a healthcare provider and get tested. If symptoms arise on the bus, the student should remain masked and follow the procedure listed above.	Individual tests positive.	Remain home(except to get medical care) monitor symptoms, notify the school immediately, notify personal close contacts, and answer calls from public health officials/contact tracing staff. Stay home until 10 days have passed since the date of the positive COVID-19 test.
	If at school: staff members should remain masked, adhere to strict physical distancing, immediately contact an administrator, go home, contact a healthcare provider and get tested.	Individual is not tested.	Remain home in self-quarantine for 14 days from last exposure to the person diagnosed with COVID-19

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<https://www.fpsct.org/uploaded/assets/common/covid19/Addendum5.pdf>)