



# Northeast District Department of Health

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## TEST-MASK-GO at a Glance

An **OPTIONAL STRATEGY** by CT Dept. of Public Health, CT Dept. of Education & Office of Early Childhood to increase the number of days of in-person learning and care available to children.

**For:** Schools, Child Care Programs, Youth Camp Operators

**Why:** To give children and staff with **mild** respiratory disease symptoms (infrequent cough, congestion, runny nose, sore throat, etc.) the option to continue participating IN-PERSON.

**How:** The following provisions apply:

Situation	Attend School	Stay Home
<p><i>Note – All four (4) conditions must be met:</i></p> <ul style="list-style-type: none"> <li>Individuals are fever-free (temperature less than 100°F <i>without the use of fever-reducing medication</i>) and feel well enough to participate</li> <li>They do not live with anyone who has had COVID-19 in the past 2 weeks</li> <li>They can wear a mask consistently and correctly (if required by the school or facility to do so), and</li> <li>Before reporting in-person, they test <b>NEGATIVE</b> for COVID-19 on every day they have symptoms, as well as one final test on the morning their symptoms have completely resolved</li> </ul>		
<p>Individuals who have <b>any</b> respiratory disease symptoms <b>should not</b> use the Test-Mask-Go strategy and <b>should stay home if:</b></p> <ul style="list-style-type: none"> <li>They have a fever equal to or above 100°F or feel feverish</li> <li>They live with a person who recently tested positive for COVID-19 (within the past 2 weeks)</li> </ul> <p>These individuals should stay home until their fever has resolved for at least 24 hours without the use of medication and should test for COVID-19.</p>		

Children and staff choosing to report in-person with mild symptoms should be **strongly encouraged** to wear a well-fitting mask indoors.

Families can order self-test kits at <https://www.covid.gov/tests>.

Anyone testing positive for COVID-19 should complete isolation according to the CDC Quarantine/Isolation Calculator at: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>.