

Students

Health Examinations for Middle School Athletic Participation

All participants in middle/high school intramural and interscholastic sports must meet the following prerequisites:

1. A yearly physical examination is required. The proper school form must be completed and returned to the school before the student may practice or play. If the student cannot, for economic or other important reasons, obtain an examination by his/her physician, the school doctor will provide the examination upon written request to the school nurse. The medical history must be filled out by the parent or guardian before the student will be seen by the physician.

A free sports physical will be offered one time only at the beginning of each school year for those students unable to obtain a physical due to economic or other reasons.

2. The sports permission form, which includes an important warning statement, must be filled out and signed by both parent or guardian and the prospective student athlete.
3. Emergency medical forms must also be filled out by the parent or guardian. These forms will enable the student athlete to receive medical attention for injury or illness that occurs while participating in school sponsored activities if the parent cannot be reached to give consent to emergency personnel.