

Dear Families,

If you are planning to travel over the holidays and will spend 24 hours or more anywhere other than CT, RI, NY, VT or NJ, you must follow the mandatory travel advisory regulations for self-quarantine. These regulations require that all travelers self-quarantine for 14 days upon their return to Connecticut. For more information: <https://portal.ct.gov/Coronavirus/travel>

Please complete a home health check each day before sending your student to school and keep them home if they are not feeling well. We have had to send several students back home this week who arrived pale faced with either exhaustion, headache, or nausea. If your student exhibits any high risk COVID 19 symptoms such as a fever of 100.4 or higher, chills, shortness of breath, difficulty breathing, uncontrolled cough or loss of taste or smell, it is imperative that you keep them home.

If you are in need of support this holiday season, please contact our school nurse and Giving Tree coordinator, Wendy Lupien. Be sure to call her by November 16, 2020. All information will be kept confidential.

Beginning November 18th our Season of Giving Tree will be located in the front lobby of the school. Please take a tag (or we can send one home with your student), purchase, wrap and return the item to the school office with the tag attached no later than December 11th. Thank you in advance for your kindness and generosity.

There will be a change in the schedule for Grab and Go meals over the holidays. On Friday, November 20, and Tuesday, November 24, you will receive 6 days of meals (this will supply meals through November 30). There will be no distribution on Friday, November 27, and meal distribution will resume as scheduled on Tuesday, December 1. On December 18 and December 22, you will receive 6 days worth of meals (this will supply meals through December 29). There will be no Distribution Friday the 25 through January 4, and meal distribution will resume as scheduled on Tuesday, January 5. Please note that there will NOT be meal distribution over the Winter Break. Please contact Heather Plourde at hplourde@eastconn.org or 860-455-1552, if you have any questions.

Stay healthy and safe and have a great weekend!

Kind regards,
Susan Imschweiler