

**PCS Middle School Sports Physicals
2019-2020**

Physical Exams are required for all boys and girls trying out and participating in the sports program at PCS. 5th graders can try out for the Cross- Country and Track programs only. All other sports are 6-8th grade.

The school offers sports physicals to students at no charge. This will be offered one time only for 2019-2020.

The date is Thursday, September 5, 2019, 9:30-noon at PCS.

You need to sign up and complete appropriate paperwork **in advance**.

I will schedule your appointment upon your request and completion of paperwork. [Paperwork is available in the main office or on the PCS website]

Please note that this sports physical will not be duplicated for any other purpose. It cannot take place of the mandated 6th grade physical.

If you choose to have your family physician complete the examination I will be happy to provide a state form that the physician may want.

2019-2020 PCS Middle School Sports Physical Request

Student Name _____ Grade/ Teacher _____

I wish to have the PCS physician perform the sports physical on my son/ daughter for the 2019-2020 school year. I understand that all of the paperwork needs to be filled out and available for his review before the examination.

Parent/ Guardian _____ Date _____

If you have any questions please feel free to contact the nurse's office at 860-928-2718

Wendy Lupien, R.N.